

CHESS PSYCHOLOGY

APPROACHING THE PSYCHOLOGICAL BATTLE BOTH ON AND OFF THE BOARD

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Why do so many chess players only draw winning positions, or lose drawing ones? Why do many continually slip into time trouble, despite vowing after every game to move more quickly? How can a player perform like a Grandmaster on one day and a complete novice the next? What's the best way to beat a lower rated player and what gives you the best chance against a higher rated one? In this book International Master Angus Dunnington answers these questions and more as he takes a fresh look at the value of studying psychology in chess. Read this practical guide, eliminate your mistakes, punish your opponents and improve your results! This is a practical guide to chess psychology that is written by an experienced chess professional and is ideal for club and tournament players.

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